



FREE FROM Organizer

NAME: _____

DATE: _____

FREE FROM # <input type="checkbox"/>	FREE FROM # <input type="checkbox"/>	FREE FROM # <input type="checkbox"/>
<input type="checkbox"/> Weakness <input type="checkbox"/> Energy Drainer Other <input type="checkbox"/> Complexity <input type="checkbox"/> Poor Commitment <input type="text"/>	<input type="checkbox"/> Weakness <input type="checkbox"/> Energy Drainer Other <input type="checkbox"/> Complexity <input type="checkbox"/> Poor Commitment <input type="text"/>	<input type="checkbox"/> Weakness <input type="checkbox"/> Energy Drainer Other <input type="checkbox"/> Complexity <input type="checkbox"/> Poor Commitment <input type="text"/>
What?	What?	What?
Why Important?	Why Important?	Why Important?
Best Result	Best Result	Best Result
VIVID VISION LEVEL ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩	VIVID VISION LEVEL ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩	VIVID VISION LEVEL ① ② ③ ④ ⑤ ⑥ ⑦ ⑧ ⑨ ⑩
Who?	Who?	Who?

Free FROM Organizer *Example and Notes*

1 5-Minute Brainstorm:
If I were Free FROM _____, I would be happier and better able to participate in activities and pursue goals that are important to me.

On a separate sheet, jot down as many responses as you can think of in 5 minutes.

2 Record the top 3 responses in priority order in the WHAT boxes.

3 Complete each column—Why Important, Best Result, Vivid Vision Level, Who*—before moving to the next column..

4 *You may need to research or network to determine the ideal "Who." Complete this box only when you have completed the necessary due diligence and you are super-confident you have identified the best person(s) for the task.

FREE FROM # 1		FREE FROM # 2		FREE FROM # 3	
<input type="checkbox"/> Weakness	<input checked="" type="checkbox"/> Energy Drainer	Other	<input type="checkbox"/> Weakness	<input checked="" type="checkbox"/> Energy Drainer	Other
<input checked="" type="checkbox"/> Complexity	<input type="checkbox"/> Poor Commitment	<input type="text"/>	<input type="checkbox"/> Complexity	<input checked="" type="checkbox"/> Poor Commitment	<input type="text"/>
What? The unorganized, cluttered and difficult to retrieve state of my personal "ideas" and "inspiration" file cabinets/boxes.		What? Over-commitments to charitable boards I'm only participating in at a low level.		What? Larger Denver home than we need/ want.	
Why Important? These great ideas and resources are not easily available to me to tap and utilize. Plus, it's an energy drain on me knowing this unorganized and unattended clutter from the past still exists in my life.		Why Important? Being over-committed is an energy drain and takes away from those charities and activities I am all-in engaged, interested in and able to make a huge difference.		Why Important? Mary and I both sense our beautiful large home is approximately double the size we'd now prefer. Time for a refreshing change to a quality smaller home in Denver and lake house in Wisconsin.	
Best Result Every document is scanned, fully searchable and stored in the cloud for instant and secure retrieval from any device I have, anywhere.		Best Result With board terms coming to end or to an optional renewal period, opt out in a classy way.		Best Result We work with a top-notch architect, builder, interior designer and Realtor to build a quality 3700 sq ft home in a great Denver neighborhood and a quaint lake house in Wisconsin.	
VIVID VISION LEVEL 1 2 3 4 5 6 7 8 9 X		VIVID VISION LEVEL 1 2 3 4 5 6 7 8 9 X		VIVID VISION LEVEL 1 2 3 4 5 6 7 8 9 X	
Who? Linda Moore		Who? Me		Who? Alvarez Morris, Caliber Construction, Hannelore Doty, Craig Chambers	

NAME: Joseph Janiczek
DATE: 08-26-18

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